

## What Helps Disciples Grow?

These tables are aggregated from 1191 responses from people who completed the questionnaire with reasonable thoroughness. 134 questionnaires were discounted for incompleteness.

Results are presented in the order in which the questions arise in the questionnaire.

1.1 I think that...	All agree %	Strongly agree %	Agree %
God calls everyone to a particular place, role or task	<b>80</b>	34	46
God's call is largely the same for everyone	<b>26*</b>	9	16

1.2 I believe that...	All agree %	Strongly agree %	Agree %
I have a particular calling	<b>62</b>	24	37
I don't know what my calling is	<b>30</b>	5	25
I am resisting or ignoring my calling	<b>6</b>	1	6
I am more or less on the journey God wants me to be on	<b>56</b>	10	46

\* figures are rounded to the nearest whole number. Occasionally this means that there appears to be a 1% difference between the sum of 'strongly agree' and 'agree'. Here, for example 16.3% + 9.2% gives a total of 25.5%, which is rounded up to 26%.

2.1 Looking back at my life, I would say...	All agree %	Strongly agree %	Agree %
During my life, I've seen obvious periods of growth	<b>93</b>	44	49
There have been periods of life when I have not grown in faith	<b>83</b>	19	64
at some times I have been stuck spiritually	<b>81</b>	20	61
at times I have turned away from my faith	<b>39</b>	8	31
I have grown in faith through times of loss, difficulty or trial	<b>78</b>	34	44
new experiences in my life led to times of growth in my faith	<b>81</b>	30	51
it has been hard to keep my faith, when circumstances changed	<b>38</b>	7	31

2.2 My Christian Journey has been hampered by...	All agree %	Strongly agree %	Agree %
The commitments of daily life	<b>59</b>	10	49
The beliefs and attitudes of people close to me	<b>34</b>	6	29
Having no-one to share my journey with	<b>24</b>	4	20
Lack of opportunity to learn or grow	<b>20</b>	3	17
My own bad habits and laziness	<b>74</b>	18	57
Fear of making a greater commitment	<b>45</b>	7	37
Fear that Christianity is not true or makes no sense	<b>17</b>	3	14
Understanding my faith differently from those around me	<b>31</b>	5	26
The quality of my church worship/community	<b>22</b>	5	17
The words of the creed or other articles of faith	<b>12</b>	2	10
Something else: specify	<b>10</b>	3	7

2.3 In the course of my life, I have been helped  
in my journey of faith by...

	All agree %	Strongly agree %	Agree %
Attending church/worship regularly	<b>94</b>	50	44
Listening to sermons	<b>88</b>	30	57
Music in church worship	<b>86</b>	40	47
Liturgy in church worship	<b>62</b>	18	44
Participating in Communion/Eucharist/mass/ Lord's supper	<b>83</b>	36	46
Another aspect of worship (specify)	<b>23</b>	12	11
A familiar pattern of worship	<b>63</b>	15	49
Seasons and shape of the year	<b>65</b>	19	46
Being part of a small group/bible study group/similar	<b>67</b>	32	35
Being part of my church's social life/fellowship	<b>81</b>	30	52
Taking part in my church's outreach	<b>47</b>	15	31
A Christian course offered by a local church	<b>49</b>	14	35
Leading others (in worship, Sunday schools, small group, prayer etc.)	<b>53</b>	19	35
other practical service to my church (specify)	<b>33</b>	11	22
praying by myself	<b>87</b>	39	48
reading/studying the bible by myself	<b>73</b>	29	44
a Spiritual director, mentor, soul friend or prayer guide	<b>54</b>	23	32
listening to Christian music on tape, cd, video, radio, TV, internet etc.	<b>60</b>	22	39
Listening to Christian teaching, discussion or talks on tape, cd, video, radio, TV, internet etc.	<b>51</b>	15	36
Reading Christian/spiritual/theological books	<b>66</b>	21	45
Going on retreat	<b>38</b>	16	22
Taking part in on-line discussion or conversations	<b>14</b>	4	10
Christian conferences, festivals, events or pilgrimages	<b>63</b>	26	36
Taking part in social justice/campaigning activity beyond my church	<b>30</b>	9	21
Taking part in practical Christian service or mission project not connected with my church	<b>39</b>	12	27
Christian education provided by a college, university or denomination	<b>32</b>	12	20
my closest friendships or relationships	<b>83</b>	35	49
a particular person e.g. missionary, teacher	<b>55</b>	24	32

2.3 (continued) In the course of my life, I have been helped in my journey of faith by...

	All agree %	Strongly agree %	Agree %
Experiencing different churches/Christian spiritualities	<b>59</b>	14	45
Trying to put my faith into practice in daily life	<b>87</b>	30	58
Conversations with people whose faiths/beliefs are different from mine	<b>64</b>	16	49
Hobbies, leisure or cultural activities not connected with church	<b>54</b>	12	42
A direct call or experience I believe was from God	<b>56</b>	25	30
Other (specify)	<b>5</b>	3	1

2.4 Thinking about my Christian growth, I would say...

	All agree %	Strongly agree %	Agree %
my current growth as a Christian is independent of the church I attend	<b>38</b>	13	26

2.5 I would say that my Christian growth is...

	All agree %	Strongly agree %	Agree %
the responsibility of the church I attend	<b>37</b>	7	30
my own responsibility	<b>95</b>	48	47

3.1 The church I attend is good at helping people to...	All agree %	Strongly agree %	Agree %
pray deeply in a range of different ways	<b>63</b>	16	47
understand how to see the world and our times as God see them	<b>78</b>	18	60
worship in mind, body and spirit	<b>77</b>	21	56
explore and understand the bible	<b>81</b>	21	60
put faith into practice in daily life	<b>86</b>	26	60
nurture and care for each other in the church community	<b>90</b>	36	54
speak about faith or personal journeys	<b>67</b>	20	47

3.2 I feel I am good at...	All agree %	Strongly agree %	Agree %
praying deeply in a range of different ways	<b>37</b>	9	28
understanding how to see the world and our time as God sees them	<b>50</b>	8	42
worshipping in mind Body and spirit	<b>55</b>	12	44
exploring and understand the bible	<b>51</b>	11	40
putting faith into practice in daily life	<b>68</b>	14	55
nurturing and caring for others in the church community	<b>71</b>	13	58
speaking about my faith or personal journey	<b>44</b>	12	33

4.1 I feel most alive as a Christian when I ...	% selecting *	
show someone God's love in a practical way	40	
gain new understanding of the Bible and its teaching	14	
sense God at work in the world beyond my church	23	
experience the power of the Holy Spirit moving within me	19	
feel God helping me to become more Christ like in my thoughts, words and actions	23	
feel close to God in prayer, meditation or silence	26	
experience God through those around me, in fellowship, conversation or activity	36	(Total: 181%)

4.2 I felt a church community I have belonged to was most 'alive' when we were	% selecting *	
helping people celebrate all that is good in creation and human life	26	
sharing the Gospel with people who are not Christians	15	
experiencing the power of the Spirit in worship, signs or Spiritual gifts	20	
seeking God and deepening our experience of prayer together	18	
giving practical help or support to those in need in our community/wider world	47	
growing closer together in our shared life as a fellowship	31	
helping each other live more like Christ in our thought speech and action	26	(Total: 182%)

\* For questions 4.1 and 4.2, respondents were asked to select two out of seven responses that they felt most applied to them. Responses selecting up to three preferences were retained. Where respondents selected more than three preferences, their response to the question was discounted.

5.3 Approximately how far do you live from your church?	% agreeing
under 1 mile	<b>41</b>
1-2 miles	<b>31</b>
2-5 miles	<b>17</b>
Over 5 miles	<b>8</b>

5.4 How long have you attended the church you currently go to?	% agreeing
less than 1 year	<b>4.1</b>
1-5 years	<b>19.8</b>
6-9 years	<b>8.2</b>
10-19 years	<b>21.4</b>
20-29 years	<b>16.6</b>
30-39 years	<b>12.4</b>
40-49 years	<b>7.6</b>
50-59 years	<b>3.1</b>
60 years or more	<b>2.1</b>
No answer	<b>4.5</b>
n/a	<b>0.2</b>

5.5 How long would you say you have been a Christian?	% agreeing
less than 1 year	0.4
1-5 years	3.0
6-9 years	2.4
10-19 years	9.6
20-29 years	8.8
30-39 years	13.4
40-49 years	13.0
50-59 years	14.2
60 years or more	27.7
No answer	6.4
Unsure	0.8
n/a	0.2

5.6 If you have a formal position or authority within the church, what is it?	%
None or not applicable	37
No Answer	27
Written response given (e.g. vicar, elder, children's work, choir, steward)	36

\* Question 5.6 was an open text questions. We accepted every written response, other than 'none', 'n/a', etc, as a sign that the individual felt they took some formal responsibility or commitment within their church.



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5.7 Are you?	%
Male	<b>37</b>
Female	<b>57</b>

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5.7 What age group are you?	%
Up 20	<b>5</b>
21-30	<b>6</b>
31-40	<b>9</b>
41-50	<b>10</b>
51-60	<b>19</b>
61-70	<b>22</b>
71-80	<b>18</b>
81+	<b>7</b>
Prefer not to say	<b>1</b>
No answer	<b>4</b>

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5.9 How would you describe your ethnic origin?

%

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Black African	<b>2</b>
Black Caribbean	<b>3</b>
Mixed Heritage	<b>1</b>
White UK	<b>81</b>
White Irish	<b>1</b>
White Other	<b>3</b>
South Asian	<b>1</b>
East Asian	<b>2</b>
Other	<b>1</b>
Not revealed	<b>5</b>

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5.10 Do you have...

%

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A degree	} but not	<b>43</b>
A Theological Qualification	} both	<b>3</b>
Both a degree and a theological qualification		<b>7</b>
Neither		<b>47</b>

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