

Session 7 – Leader’s Guide - 2 hr session in person *(see over for 1.5 hr session)*

Timing?	What?	Who?
5 mins	Welcome, prayer, recap and Bible reading Philippians 2.1-11	
20 mins	Questions from Last Time: How are we applying what we’re learning so far? What has worked well? What has been more challenging?	
10 mins	Together: Check-in on understanding on Session Content part 1 - 'Safety, Support and Challenge' - Do ‘safety, support and challenge’ make sense as building blocks for a healthy discipleship environment? Where do we see this in the life of Jesus? - Was there anything from the video/session material you didn’t understand, or wanted to question or challenge? - What can happen if we <u>don’t</u> intentionally seek to create a healthy discipleship environment?	
20 mins	Thinking about Safety, Support and Challenge in relation to our <u>personal</u> discipleship... <u>In 3s</u>, discuss the following Discipleship Questions: - Which interaction with another Christian has most encouraged me in my life recently? - Which interaction with another Christian has most challenged me in my life recently? - Who am I encouraging in discipleship recently? - Where could I offer (appropriate and gentle) challenge to someone else to help them in their discipleship currently? [NB: these are questions which people could take away and use in a one to one, prayer triplet, accountability group or small group setting]	
5 mins	Refreshment Break	
25 mins	Together (or in two groups if a big group), look at this session’s Discipleship Tool: Support/Challenge Matrix, in relation to your church or group. 1. Look at the <u>blank version</u> of the matrix first and <u>jot down some ideas</u> on the following: what would each of these four types of support/challenge environments look and feel like in a church or a small group? For example... - What sort of vision of discipleship/equipping for discipleship would each one offer? - What would relationships between leaders and members be like? 2. Then compare with the <u>populated matrix</u> ... - What experience do we have of any of these types of support/challenge environments in a church or any other group context? What were the effects of these? - Discipleship-wise, what does healthy challenge look like? And unhealthy challenge? 3. Discuss and make a list of what kinds of (appropriate) support and invitation/challenge your group or church could offer each other in your own context. (This may vary depending on the group). - Could you use or adapt this tool in your group or church? How?	
25 mins	Check in on Session Content part 2: Cultivating a Culture of Discipleship in a Local Church and Discipleship Questions: <i>(small groups)</i> - Discuss your responses to part 2 of session material: what did you warm to? What was more challenging? What wisdom/experience of your own would you want to add? - What does our church’s/group’s discipleship ‘soil’ look like at the moment? What are we reaping from this soil at the moment? How might we enrich that soil? Or, to ask the question a different way... - What is your (group’s/church’s) plan for discipleship? To what extent is it working? - What are we already doing well in terms of creating a healthy discipleship environment? How can we encourage more of this? - Where do we sense an invitation to make changes in order to help people grow and develop further? [Can use these as discussion questions in a small group, PCC or whole church conversation]	
5 mins	Together: Questions for Next Time - and encouragement to start or develop a new initiative	
5 mins	Closing Reflection (Colossians 3.12-17 and <i>Life Together</i>) and Prayer	

Leader's Guide (1.5 hr session online)

Timing?	What?	Who?
5 mins	Welcome, prayer, recap and Bible reading Philippians 2.1-11	
15 mins	Questions from Last Time: How are we applying what we're learning so far? What has worked well? What has been more challenging?	
5 mins	Together: Check-in on understanding on Session Content part 1 - 'Safety, Support and Challenge' - Do 'safety, support and challenge' make sense as building blocks for a healthy discipleship environment? Where do we see this in the life of Jesus? - Was there anything from the video/session material you didn't understand, or wanted to question or challenge? - What can happen if we <u>don't</u> intentionally seek to create a healthy discipleship environment?	
15 mins	Thinking about Safety, Support and Challenge in relation to our <u>personal</u> discipleship... <u>In 3s</u>, discuss the following Discipleship Questions: - Which interaction with another Christian has most encouraged me in my life recently? - Which interaction with another Christian has most challenged me in my life recently? - Who am I encouraging in discipleship recently? - Where could I offer (appropriate and gentle) challenge to someone else to help them in their discipleship currently? [NB: these are questions which people could take away and use in a one to one, prayer triplet, accountability group or small group setting]	
20 mins	Together (or in two groups if a big group), look at this session's Discipleship Tool: Support/Challenge Matrix, in relation to your church or group. 1. Look at the <u>blank version</u> of the matrix first and <u>jot down some ideas on the following</u> : what would each of these four types of support/challenge environments look and feel like in a church or a small group? For example... -What sort of vision of discipleship/equipping for discipleship would each one offer? - What would relationships between leaders and members be like? 2. Then compare with the <u>populated matrix</u> ... - What experience do we have of any of these types of support/challenge environments in a church or any other group context? What were the effects of these? - Discipleship-wise, what does healthy challenge look like? And unhealthy challenge? 3. <u>Discuss and make a list</u> of what kinds of (appropriate) support and invitation/challenge your group or church could offer each other in your own context. (This may vary depending on the group). - Could you use or adapt this tool in your group or church? How?	
20 mins	Check in on Session Content part 2: Cultivating a Culture of Discipleship in a Local Church and Discipleship Questions: (<i>small groups</i>) - Discuss your responses to part 2 of session material: what did you warm to? What was more challenging? What wisdom/experience of your own would you want to add? - What does our church's/group's discipleship 'soil' look like at the moment? What are we reaping from this soil at the moment? How might we enrich that soil? Or, to ask the question a different way... - What is your (group's/church's) plan for discipleship? To what extent is it working? - What are we already doing well in terms of creating a healthy discipleship environment? How can we encourage more of this? - Where do we sense an invitation to make changes in order to help people grow and develop further? [Can use these as discussion questions in a small group, PCC or whole church conversation]	
5 mins	Together: Questions for Next Time - and encouragement to start or develop a new initiative	
5 mins	Closing Reflection (Colossians 3.12-17 and <i>Life Together</i>) and Prayer	