

“An insincere and evil friend is more to be feared than a wild beast; a wild beast may wound your body, but an evil friend will wound your mind.”

“Do not dwell in the past, do not dream of the future, concentrate the mind on the present moment.”

“The way is not in the sky. The way is in the heart.”

“Thousands of candles can be lighted from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being shared.”

“Health is the greatest gift, contentment the greatest wealth, faithfulness the best relationship.”

“Holding on to anger is like grasping a hot coal with the intent of throwing it at someone else; you are the one who gets burned.”

“The tongue like a sharp knife... Kills without drawing blood.”

“Three things cannot be long hidden: the sun, the moon, and the truth.”