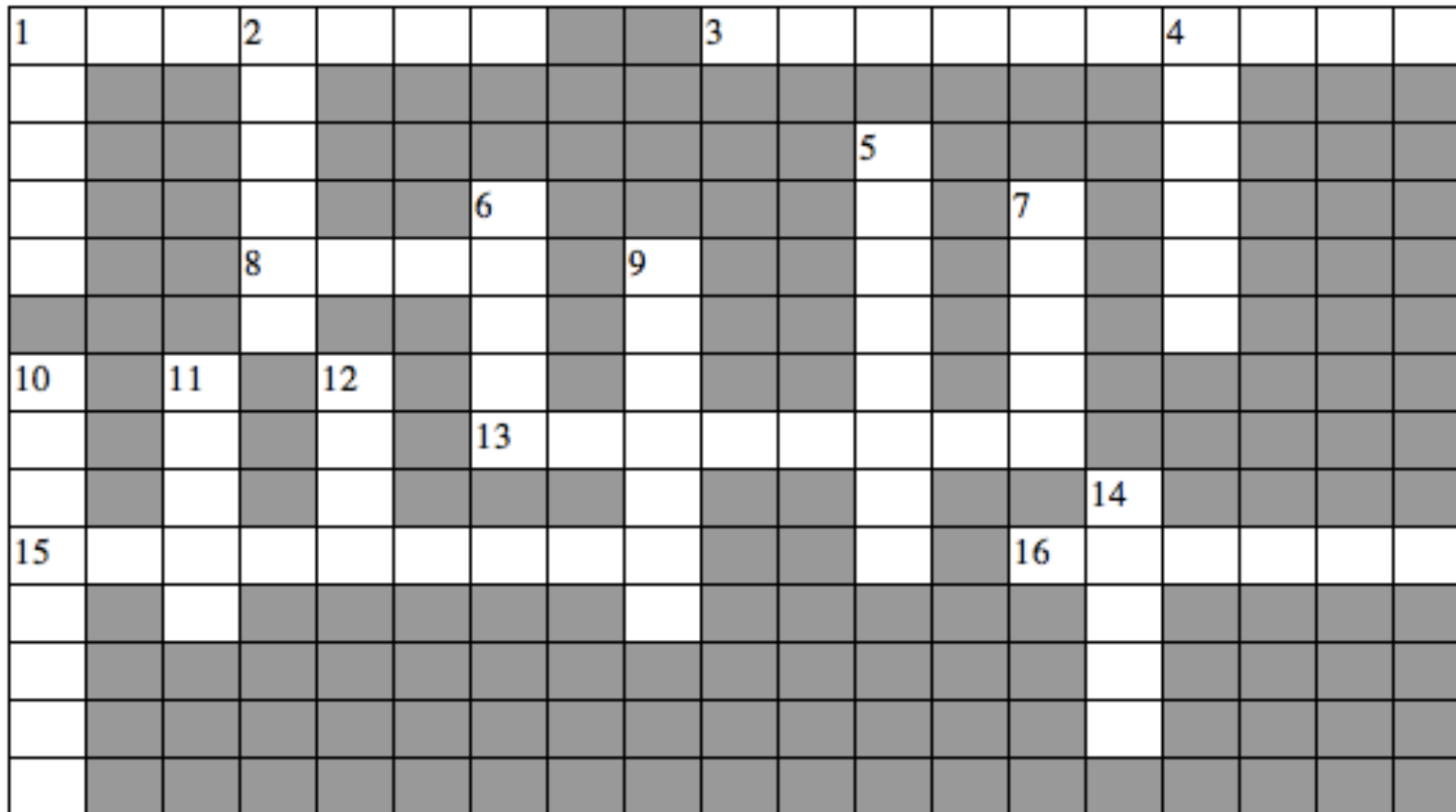


Well Being Crossword



ACROSS

1. Your 5 a day will keep you _____
3. Perhaps the opposite to 'shy'?
8. According to the Beatles, all you need is this.
13. A body guard would give me this. So would a house alarm.
15. Some are born this, some achieve this, others have it thrust upon them.
16. _____ is in the eye of the beholder.

DOWN

1. I know I am, I'm sure I am... (Old nursery rhyme)
2. I don't like being on my own.
4. Our self _____ is how we see ourselves.
5. A system of belief.
6. Leaky water when sad.
7. Essential for bills, some say a root to evil.
9. I've done it! Achievement unlocked!
10. It really is the best medicine.
11. Life isn't always a bed of _____.
12. Careful what you eat and drink.
14. All is quiet, all is well.

